



MIRACLES  
ASIA

# MIRACLES ASIA

Residential Rehabilitation Program

2024/25

Results-Driven Rehab Center In Phuket, Thailand



# ADDICTION TREATMENT THAT WORKS

## ABOUT MIRACLES ASIA

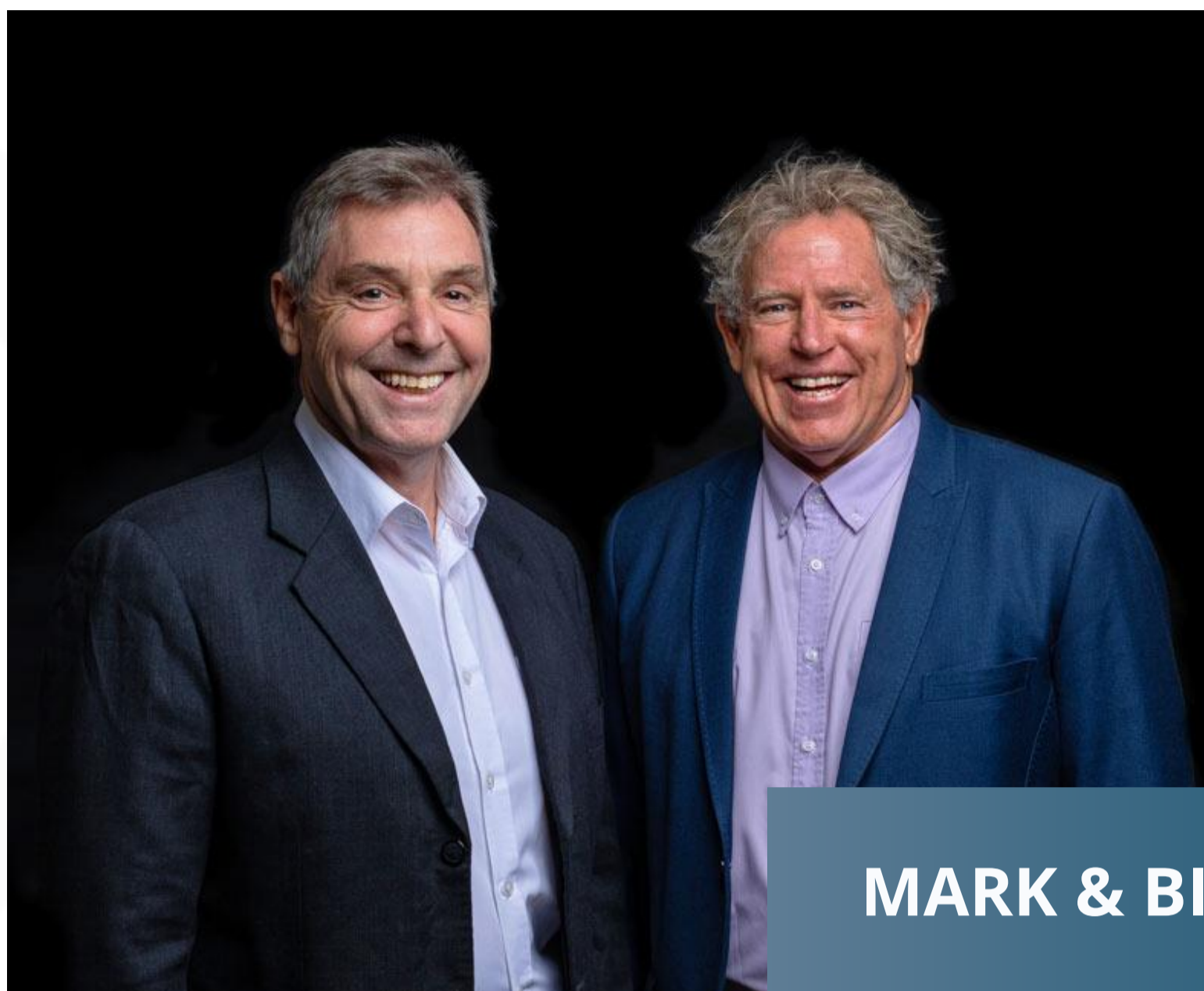
Miracles Asia offers a comprehensive addiction treatment program that has a proven track record of success since 2017.

Our internationally qualified therapists are ready to help you or your loved one with their dependence on drugs, alcohol or behavioural addictions.



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**MARK & BILL**

## A WORD FROM OUR FOUNDERS

*"Love & service  
is our creed."*

Having had first hand experience with the pain, struggles and countless challenges that addiction causes, both Mark & Bill are personally invested in the treatment and recovery of each client that attends Miracles Asia.

# VIDEO TESTIMONIAL

## **Ryan's Journey To Overcoming Addiction**

Ryan was brave enough to share his story.

Watch his video to see how Miracles Asia helped him achieve a successful & long lasting recovery from addiction.





# OUR CLINICAL TEAM

The success of the Miracles Asia program stems from our team of professionals who provide compassionate & effective treatment for all types of addiction.



## JOHN JACOBS, Ph.D

CLINICAL DIRECTOR

Dr. John Jacobs is an experienced therapist from the U.S.A., with an extensive background in addiction treatment.



## PAULA SHIELDS

THERAPIST

Paula has worked in the addiction treatment and behavioral health field for more than 20 years.



## CATHERINE O'LEARY

THEAPIST

Catherine is a trained mental health and addiction professional, with over 35 years experience in health care and addiction recovery.



## Danny Woody

Client Support

With over 40 years of experience as a sober coach, Danny brings a wealth of knowledge in all areas that clients need to successfully overcome their addiction.



## KIRSTIN GOURLAY

PSYCHOEDUCATION &  
AFTERCARE FACILITATOR

Kirstin is an Addiction Recovery Coach, Wellness Consultant, Life Coach, Yoga Therapist and Healing Touch Practitioner.



# FULLY LICENCED & CERTIFIED



## Miracles Asia is Licenced By The Thailand Ministry of Public Health.

We are among a small number of treatment centres operating in Thailand who are Licensed by the Ministry of Public Health.

Miracles Asia also has a network of long-standing partnerships with some of the best healthcare providers in Thailand, including Bangkok Hospital, who operate 2 world-class facilities in Phuket.



  
**BANGKOK  
HOSPITAL**  
SIRIROJ



# HOW MIRACLES ASIA CAN HELP YOU

## **Substance Addiction**

We specialise in treating people with addiction to Alcohol as well as drugs such as: Cocaine, Heroin, Methamphetamines & Cannabis.

## **Behavioural Addiction**

If you're struggling with an addiction to unhealthy habits, including Gambling, Gaming or Pornography, Miracles Asia is ready to help you transition to a healthier lifestyle.

## **Dual Diagnosis**

We also treat mental health disorders, such as anxiety or depression which are commonly associated with substance abuse.



# A UNIQUE PROGRAM

During their stay at Miracles Asia, all clients receive the tools, knowledge and support they need to navigate what is often one of the most challenging experiences that anyone will face in their lifetime.

*More than **87%** of our long-term clients remain in full & active recovery.*



# MIRACLES ASIA REHAB PROGRAM

Experience the transformative power of recovery in the beauty of Phuket, Thailand.



01. Full medical check-up
02. Medical detox (*as needed*)
03. Consultation with our psychiatrist
04. Prescribed medications (*as needed*)
05. Two individual therapy sessions per week
06. Daily psychoeducation groups
07. Weekly sessions with client support staff
08. Weekly relapse prevention groups
09. 12-Step group recovery meetings
10. Art therapy groups
11. SMART Goals group meetings
12. Therapeutic exercise
13. Family involvement (*optional*)
14. Nutritious meals
15. Continued care / Aftercare



# PSYCHOEDUCATION



## Group Sessions

Each day you will be able to participate in a 1-hour group meeting where you gain insight into how addiction works, and its impact on various areas of your life.

These comprehensive groups will empower you to take charge of your recovery by providing you with practical techniques and skills that will help you identify and manage your thought patterns, behaviours, and triggers.



# INDIVIDUAL THERAPY SESSIONS

- *CBT*
- *DBT*
- *EMDR*
- *IFS*
- *Trauma Informed  
Therapy*

All clients receive 2 x 1-hour individual therapy sessions per week as part of their treatment.

These sessions are completely confidential & allow clients to openly discuss life experiences with addiction, along with how to move forward in a life that's free from drugs or alcohol.





# RELAPSE PREVENTION

## **Achieve Long-Lasting Recovery Beyond Your Stay With Us In Phuket, Thailand**

Your treatment includes 1-on-1 sessions with Client Support who guide you through creating a strong relapse prevention plan to help you identify risks and potential triggers related specifically to you and your environment.

This tailored relapse prevention plan plays a huge part ensuring that you remain free from drugs and alcohol when you return home.



# THANYAPURA, PHUKET

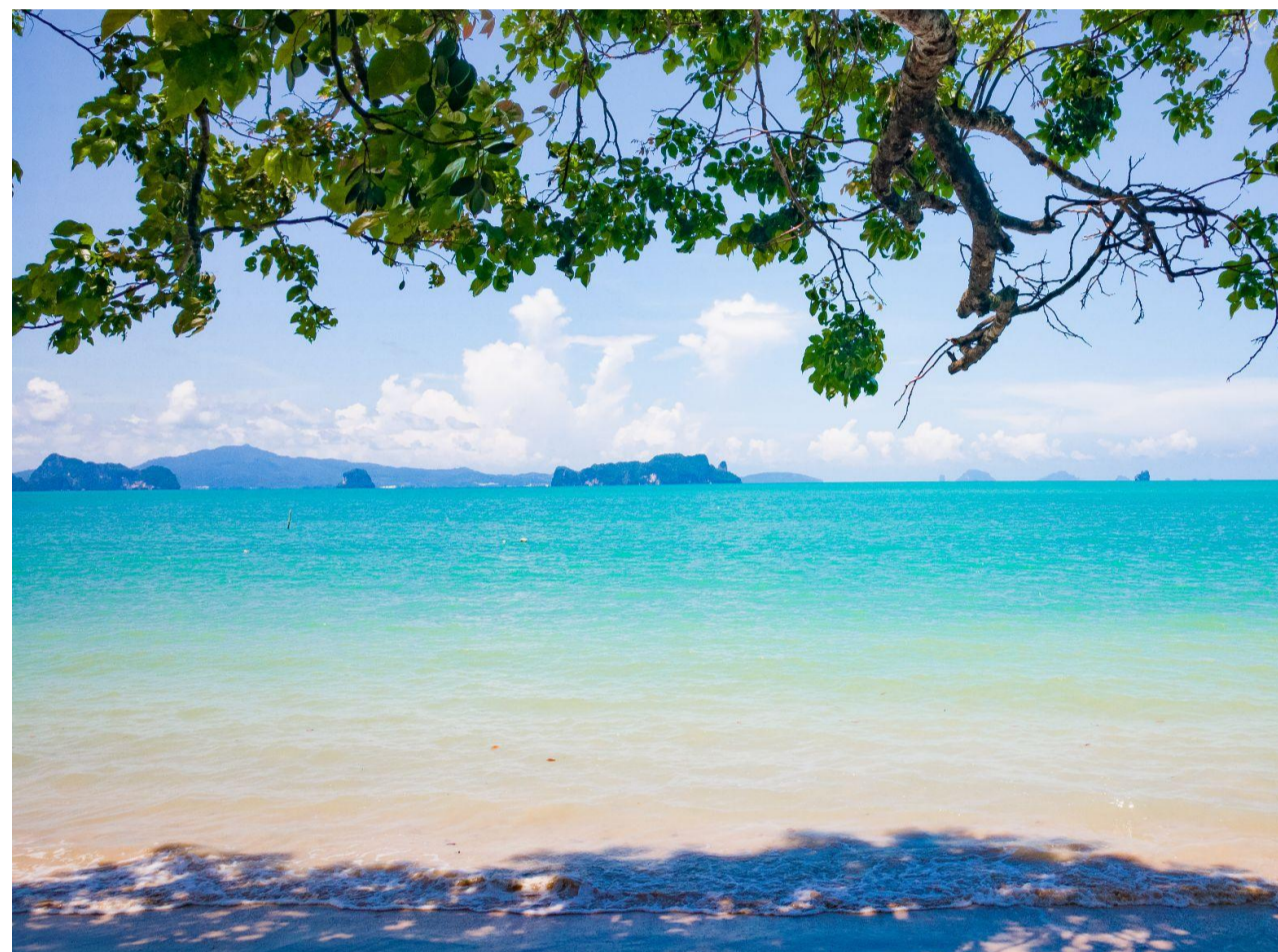


## THERAPEUTIC EXERCISE

From invigorating swims and weightlifting sessions to indulging in Thai massages, or rejuvenating sauna experiences, Thanyapura has everything you need to maintain your physical & mental health.

Our clients enjoy 2 hours of unrestricted access to this world-class facility 3 times per week.





# EXCURSIONS

## EXPERIENCE PHUKET, THAILAND

From serene boat trips that showcase the island's stunning coastline, to scenic jungle walks that allow you to reconnect with nature, the weekly excursions are carefully crafted to complement your treatment & support your ongoing recovery.



# Example Weekly Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM	Yoga	Nature Walk	Nature Walk	Yoga	Nature Walk	Yoga	Personal Time
7:30 AM							
8:00 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30 AM	Morning Check-In	Morning Check-In	Morning Check-In	Morning Check-In	Morning Check-In	Morning Check-In	Morning Check-In
9:00 AM							
9:30 AM	SMART Goals	Thanyapura Sports & Wellness Resort	Beachside Recovery Meeting	Thanyapura Sports & Wellness Resort	Psychoed	Thanyapura Sports & Wellness Resort	Excursion / Outing and Lunch
10:30 AM							
11:00 AM	Psychoed				CBT		
11:30 AM							
12:00 PM							
12:15 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Beachside Lunch & Recovery Meeting	
1:00 PM	Relapse Prevention	Psychoed	Relapse Prevention	Art Therapy	Mindfulness		
1:30 PM							
2:00 PM	1-on-1 Sessions or Recovery Work or Personal Time	1-on-1 Sessions or Recovery Work or Personal Time	Personal Time	1-on-1 Sessions or Recovery Work or Personal Time	1-on-1 Sessions or Recovery Work or Personal Time	Personal Time	
2:30 PM			Recovery/Skills				
3:00 PM							
3:30 PM		Step Meeting	1-on-1 Sessions or Recovery Work or Personal Time	Meditation	Step Meeting	Personal Time	
4:00 PM							
4:30 PM							
5:00 PM						Personal Time	
5:30 PM							
6:00 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
7:00 PM	Miracles Meeting	Miracles Meeting	Miracles Meeting	Miracles Meeting	Miracles Meeting	Miracles Meeting	Miracles Meeting
7:30 PM							
8:00 PM							

Please note: Schedule subject to change



# CONTINUED CARE & SUPPORT

*Make your miracle of  
recovery last a lifetime*

All clients receive 60 days of additional support on completion of their residential program, which includes a weekly 30 minute individual session.

Access to our daily morning & evening meetings are completely free for life.







# FACILITIES & ACCOMMODATION

Casual With A Touch Of Luxury

We combine expert care with the idyllic setting of Phuket, Thailand, to give our clients the ultimate rehab experience.



# PRICING 2024 - 2025

Miracles Asia accepts upto 15 individuals at a time to ensure all clients receive the full attention they need to make their recovery a successful one.

30 DAYS

**\$17,500 USD**

Total of 90 days treatment  
with 60 days of Aftercare

60 DAYS

**\$33,000 USD**

*Save \$2,000*

Total of 120 days  
treatment with Aftercare

90 DAYS

**\$46,500 USD**

*Save \$6,000*

Total of 150 days  
treatment with Aftercare





# CONTACT OUR TEAM & BEGIN YOUR RECOVERY

## Address

99/15-18 Moo 1,  
Pa Klok, Phuket  
Thailand, 83110

## Web

[www.miraclesasia.com](http://www.miraclesasia.com)

## Email

[info@miraclesasia.com](mailto:info@miraclesasia.com)

## Phone & WhatsApp

Thailand: +66 25 440 097  
Australia: +61 866 296 243  
WhatsApp

Miracles Asia is located on the east coast of Phuket, Thailand.

You can reach us anytime, day or night, to discuss your treatment needs & to begin planning your recovery.





MIRACLES ASIA